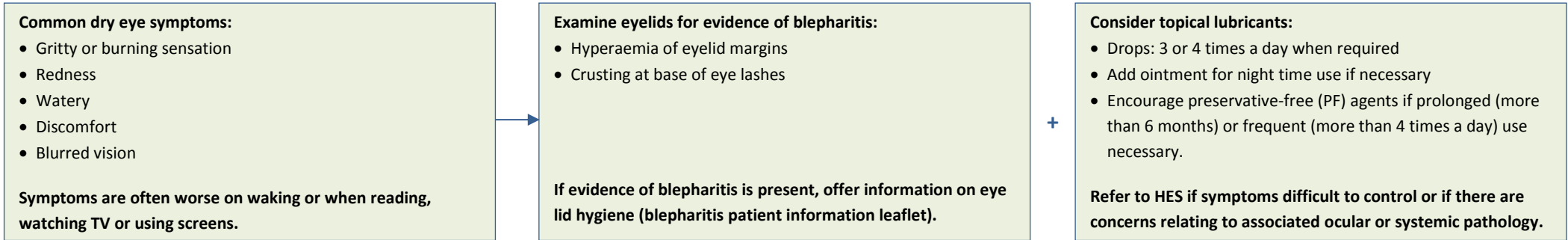




All lubricating agents in this guideline and eyelid wipes can be purchased Over The Counter and patients should be encouraged to do this where appropriate.



First line topical lubricants

Polyvinyl alcohol <ul style="list-style-type: none"> Sno Tears® (preserved) eye drops £1.06/10ml Liquifilm Tears® (preserved) eye drops £1.93/15ml <p>Avoid preserved agents if prolonged or frequent use necessary</p>	or	Sodium hyaluronate 0.1%, carmellose sodium 0.5%, glycerol 0.9% <ul style="list-style-type: none"> *‡ Optive fusion® (contains a preservative which biodegrades on contact with eye) £7.49/10ml <p>Can be used up to 180 days after opening but should not be used after expiry date marked on the product</p>	or	Hypromellose <ul style="list-style-type: none"> Hypromellose 0.3% (preserved) eye drops £1.37/10ml <p>Avoid if prolonged or frequent use necessary. Use of this agent is not supported by West Suffolk Ophthalmology Department.</p>	+/-	Carbomer <ul style="list-style-type: none"> Clinitas Gel® (preserved) £1.49/10g Viscotears® Gel (preserved) £1.59/10g <p>For night time use</p>
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Second line topical lubricants

Carmellose sodium <ul style="list-style-type: none"> *‡ Moorfields® carmellose sodium 1% PF eye drops £7.49/10ml <p>In-use shelf life 60 days from opening but should not be used after expiry date marked on the product</p>	or	Sodium hyaluronate <ul style="list-style-type: none"> *‡ Hylo-Tear® (PF) eye drops £8.50/10ml <p>Shelf life 6 months after opening but should not be used after expiry date marked on the product</p>	+/-	Paraffin <ul style="list-style-type: none"> Xailin Night® (PF) eye ointment £2.49/5g Simple eye ointment (PF) £3.65/4g <p>For night time use</p>
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Abbreviation: HES – Hospital Eye Service

Prices correct as at December 2015^{1,2}

*There is no published evidence that these formulations are more effective than the other options. They are included in this guideline based on the specialist opinions of ophthalmologists at West Suffolk Foundation Trust (WSFT)

‡ These formulations **should not be placed on regular 4-week repeat**. Patients should be reminded **not to discard 28 days from opening** as is the case with most topical eye formulations

References

- Haymarket Media Group Limited (2015): *MIMS*. [Online]: Haymarket Media Group Limited. Available: <http://www.mims.co.uk/> [Last accessed 3 December 2015]
- NHS Business Services Authority and NHS Prescription Services (2015): *NHS England and Wales: December 2015 Electronic Drug Tariff*. [Online]: Crown. Available: <http://www.drugtariff.nhsbsa.nhs.uk/#/00280039-DC/DC00280030/Home> [Last accessed 3 December 2015]